



# EESTI MAADLUSLIIT

## ESTONIAN WRESTLING FEDERATION

### KRISTJAN PALUSALU 36<sup>TH</sup> MEMORIAL SENIOR WRESTLING TOURNAMENT

IN GRECO-ROMAN, FREESTYLE AND WOMEN WRESTLING

FEBRUARY 7<sup>TH</sup> TO 9<sup>TH</sup> 2025

TalTech Sports Hall, Männiliiva 7, TALLINN

#### WEIGHT CATEGORIES IN GRECO-ROMAN WRESTLING:

-60; -63; -67; -72; -77; -82; -87; -97; -130 kg (+ 2 kg)

#### WEIGHT CATEGORIES IN FREESTYLE WRESTLING:

-61; -65; -70; -74; -79; -86; -97; -125 kg (+ 2 kg)

#### WEIGHT CATEGORIES IN WOMEN WRESTLING:

-50; -53; -57; -62; -68; -76kg (+ 2 kg)

#### PARTICIPATION FEE:

The participation fee is 246 € per person

The daily cost per person is 82 €

\* participation fee without accommodation and meals is 40 € per person

Participation fee includes:

- Participation according to the program
- Three nights in a hotel with breakfast: 8<sup>th</sup> to 10<sup>th</sup> of February 2025
- Lunch on the 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> of February 2025
- Dinner on the 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> of February 2025

\*extra night in the hotel costs 70 €, breakfast included

#### REGISTRATION

Information:

Accommodation, transportation, registration: Simmo Säärirts +372 5342 4567, simmo.saarirts@maadlusliit.ee EST; ENG

Accommodation, transportation, registration: Jaanika Kaljola, +372 514 9591, jaanika.kaljola@maadlusliit.ee, EST; RUS

All entries should reach the organizers at least by following deadlines:

Preliminary entry: January 15<sup>th</sup> (number of wrestlers/coaches/leaders/officials)

Final entry (by name): February 1<sup>st</sup> 2025



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### PROGRAM

#### FRIDAY, 7<sup>th</sup> of February 2025

- 14.00 – 20.00 Training area open in the venue
- 16.00 – 20.00 Accreditation of athletes for all weight categories
- 18.00 – 19.00 Team Competition
- 18.00 – 20.00 Dinner

#### SATURDAY, 8<sup>th</sup> of February 2025

- 8.30 – 9.00 Medical examination and photographing of participants
- 9.00 – 9.30 Weigh-in, all weight categories
- 11.00 – 16.00 Competition GR wrestling, FS wrestling, WW wrestling
- 12.00 – 14.00 Lunch
- 16.00 – 20.00 Dinner

#### SUNDAY, 9<sup>th</sup> of February 2024

- 9.00 – 9.15 Weigh-in, all weight categories
- 11.00 – 13.00 Competition GR wrestling, FS wrestling and WW wrestling
- 12.00 – 14.00 Lunch
- 13.00 – 13.30 Opening ceremony
- 14.00 – 17.00 Finals

THE TOURNAMENT WILL BE CONDUCTED UNDER INTERNATIONAL WRESTLING RULES.

In all weight categories the 3rd place will be wrestled out. Wrestlers born 2007 and older are allowed to participate.

\*Every country that has 3 or more wrestlers are required to bring referee with their team.

THE TOURNAMENT IS ORGANIZED BY ESTONIAN WRESTLING FEDERATION AND ESTONIAN SPORTS ASSOCIATION KALEV.

**Additionally: if there is high enough interest in training camp then we are ready to organize one for the teams. Greco-Roman, freestyle and women wrestling.**

TIME: 10<sup>th</sup> to 14<sup>th</sup> of February 2025

For additional information please contact the Estonian Wrestling Federation:

Simmo Säärits +372 5342 4567 EST; ENG

Jaanika Kaljola +372 514 9591 EST; RUS