

# XIII GUSTAV VAHAR MEMORIAL IN GRECO-ROMAN AND WOMEN'S WRESTLING

## 30.09.2023 in the LIHULA SPORTSHALL. INSTRUCTION

### I PURPOSE OF COMPETITIONS

- To introduce and commemorate the first world champion from Läänemaa, Gustav Vahar. This year we celebrate the 144th anniversary of G. Vahar's birth and the 116th year of the title victory. Vahar was born on October 11, 1879 in Tuudi village, Lääneranna municipality. In 1903 he joined Georg Lurich's troupe, in 1907 he became the world champion of professional wrestlers in Lisbon. He was a member of the Lurich Troupe for over 11 years.
- To popularize and develop Greco-Roman wrestling in Estonia. To give young wrestlers the opportunity to compare their abilities with other young athletes. To clarify the best schoolboys in wrestling.

### II TIME AND PLACE OF COMPETITIONS

- The competitions will take place on September 30, 2023. In the Lihula Sports Hall, Jaama 9/1, Lääneranna parish, Pärnumaa.
- Weighing and medical on 29.09 at 19.00-21.00 and 30.09.2023 on site at 9.00-9.30. The competitions start at 11:00.

### III COMPETITION PARTICIPANTS

#### Boys:

- U10 2013 and younger: -20, -23, -26, -29, -32, -35, -38, -42, -47, -53, -58, +58kg.
- U12 2011 and younger: -25, -30, -35, -40, -45, -50, -55, -60, +60kg.
- U15 2008 and younger: -38, -41, -44, -48, -52, -57, -62, -68, -75, -85, +85kg.
- U17 2006 and younger: -45, -48, -51, -55, -60, -65, -71, -80, -92, -110, +110kg

#### Girls:

- U10 2013 and younger: -25, -30, -35, -40, -45, -50kg
- U12 2011 and younger: -30, -35, -40, -45, -50, -55kg
- U15 2008 and younger: -45, -50, -55, -60kg

### IV COMPETITION SYSTEM

- The competitions are conducted on the basis of competition regulations used in Estonia. Competitions take place on three 10x10m mats, the youngest wrestles on an 8x8m mat.

### V REGISTRATION

- Registration must be carried out no later than September 20, 2023. to: [veikoproovel@gmail.com](mailto:veikoproovel@gmail.com)
- Other questions: Tel. +372 5567 4748 or e-mail [janar.sober@mail.ee](mailto:janar.sober@mail.ee)

### VI AWARD

- The best competitors in each weight group are awarded with trophies, medals and diplomas. The top three clubs will receive the trophy.

### VII PARTICIPATION AND ACCOMODATION

- All expenses related to the sending and catering of the athletes are borne by the sending organization. Guests from foreign countries are free of participation fee.
- Participation fee for competitions is 15 EUR. €30 when competing at two age groups.
- Accommodation at Sakste Maja <https://sakste.ee/> +372 5258032
- Lihula Hostel <http://www.lihulahostel.ee/Hostel/Hostel.html> +372 5385 4432, [info@lihulahostel.ee](mailto:info@lihulahostel.ee)

### VIII MANAGEMENT

- The competition is managed and conducted by the organizing committee together with the panel of judges. All questions not specified in the instructions are resolved by the panel of judges on the spot. Secretary: Veiko Proovel, Chief Judge: Hergo Andrusse



RASKEJÕUSTIKUKLUBI LEOLA



**LÄÄNERANNA VALD**  
*Pärnumaal Lääne-Eesti aladel*