

# KRISTJAN PALUSALU

## 33<sup>nd</sup> MEMORIAL

IN GRECO-ROMAN AND FREESTYLE WRESTLING

November 4-6, 2022 in Tallinn

TOURNAMENT VENUE: KALEVI SPORTS HALL, Juhkentali 12, Tallinn



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# XXXIII KRISTJAN PALUSALU MEMORIAL IN GRECO-ROMAN AND FREESTYLE WRESTLING

4.- 6.11.2022 Tallinn, Kalev Sports Hall



## WE INVITE YOU TO PARTICIPATE IN THE XXXIII INTERNATIONAL KRISTJAN PALUSALU MEMORIAL GRECO-ROMAN AND FREESTYLE WRESTLING TOURNAMENT, HELD ON NOVEMBER 4-6, 2022 IN TALLINN

### Weight classes:

**GR** Weight categories: -55, -60, -63, -67, -72, -77, -82, -87, -97, -130kg (+2 kg)

**FS** Weight categories: -57, -61, -65, -70, -74, -79, -86, -92, -97, -125kg (+2 kg)

### Entries:

All entries should reach the Estonian Wrestling Federation

([est@unitedworldwrestling.org](mailto:est@unitedworldwrestling.org)) at latest by following deadlines:

Preliminary entry: **October 4<sup>th</sup>** (number of wrestlers/coaches/leaders/officials) Final entry (by name): **October 21<sup>st</sup>**

The best wrestlers in each weight category will be awarded accordingly:

### Weight categories: GR -55, -60, -63, -67, -72, -77, -82, -87, -97

1st place - diploma, medal, 200€

2nd place - diploma, medal, 100€

3rd place - diploma, medal, 50€

### Weight categories: GR -130

1st place - diploma, medal, 500€

2nd place - diploma, medal, 300€

3rd place - diploma, medal, 100€

### Weight categories: FS -57, -61, -65, -70, -74, -79, -86, -92, -97

1st place - diploma, medal, 200€

2nd place - diploma, medal, 100€

3rd place - diploma, medal, 50€

### Weight categories: FS -125

1st place - diploma, medal, 500€

2nd place - diploma, medal, 300€

3rd place - diploma, medal, 100€

The top three teams will be awarded with a cup, prize, and diploma. Teams will be awarded points based on the results of the 6 best wrestlers. In each weight category, the first place will award 7 points, the second place 5 points, the third place 4 points, the fourth place 3 points, the fifth place 2 points, and the sixth place 1 point.

\*If there are five or less wrestlers in a weight category only the winner will be awarded with the prize money

### PARTICIPATION FEE

The participation fee is **210 EUR** per person

The daily cost per person is **70 EUR**

### THE PARTICIPATION FEE INCLUDES:

- participation according to the program;
- three nights in a hotel with breakfast: 5-7<sup>th</sup> of November 2022;
- Lunch on the 4-6<sup>th</sup> of November 2022
- Dinner on the 4-6<sup>th</sup> of November 2022

\*extra night in the hotel costs 50 EUR, breakfast included

### REGISTRATION

- e-mail: [est@uww.org](mailto:est@uww.org)

- Accommodation, transport, registration: Jaanika Kaljola +372 514 9591  
EST; RUS

- Accommodation, transport, registration: Simmo Säärirts +372 5342 4567  
EST; ENG

THE TOURNAMENT WILL BE CONDUCTED UNDER UNITED WORLD WRESTLING RULES.

THE TOURNAMENT IS ORGANISED BY THE ESTONIAN WRESTLING FEDERATION AND ESTONIAN SPORTS ASSOCIATION KALEV.

### PROGRAM

#### FRIDAY, 4 November

14:00-20:00 Training area time

12:00-14.00 Lunch

16:00-20:00 Accreditation of participants, all weight categories

18:00-19:00 Competition: Estonia vs Finland

18:00-20:00 Dinner

#### SATURDAY, 5 November

8:30-9:00 Medical examination and photographing of participants

9:00-9:30 Weigh-in, all weight categories

12:00-14:00 Lunch

11:00-16:00 Competition

Greco-Roman wrestling

Freestyle wrestling

16:00-20:00 Dinner

21:00 Official banquet

#### SUNDAY, 6 November

9:00-9:15 Weigh-in, all weight categories

11:00-13:00 Competition

Greco-Roman wrestling

Freestyle wrestling

12:00-14:00 Lunch

13:00-13:30 Opening ceremony

14:00-17:00 Finals

### INTERNATIONAL TRAINING CAMP 2022

7.-12. November 2022, The participation fee is **65 EUR** per day

After the competition, there will be a training camp for a Greco-Roman adult team.

Head coach: Tõnis Naarits, head coach of the Estonian Greco-Roman adult team

Camp info: [est@uww.org](mailto:est@uww.org)