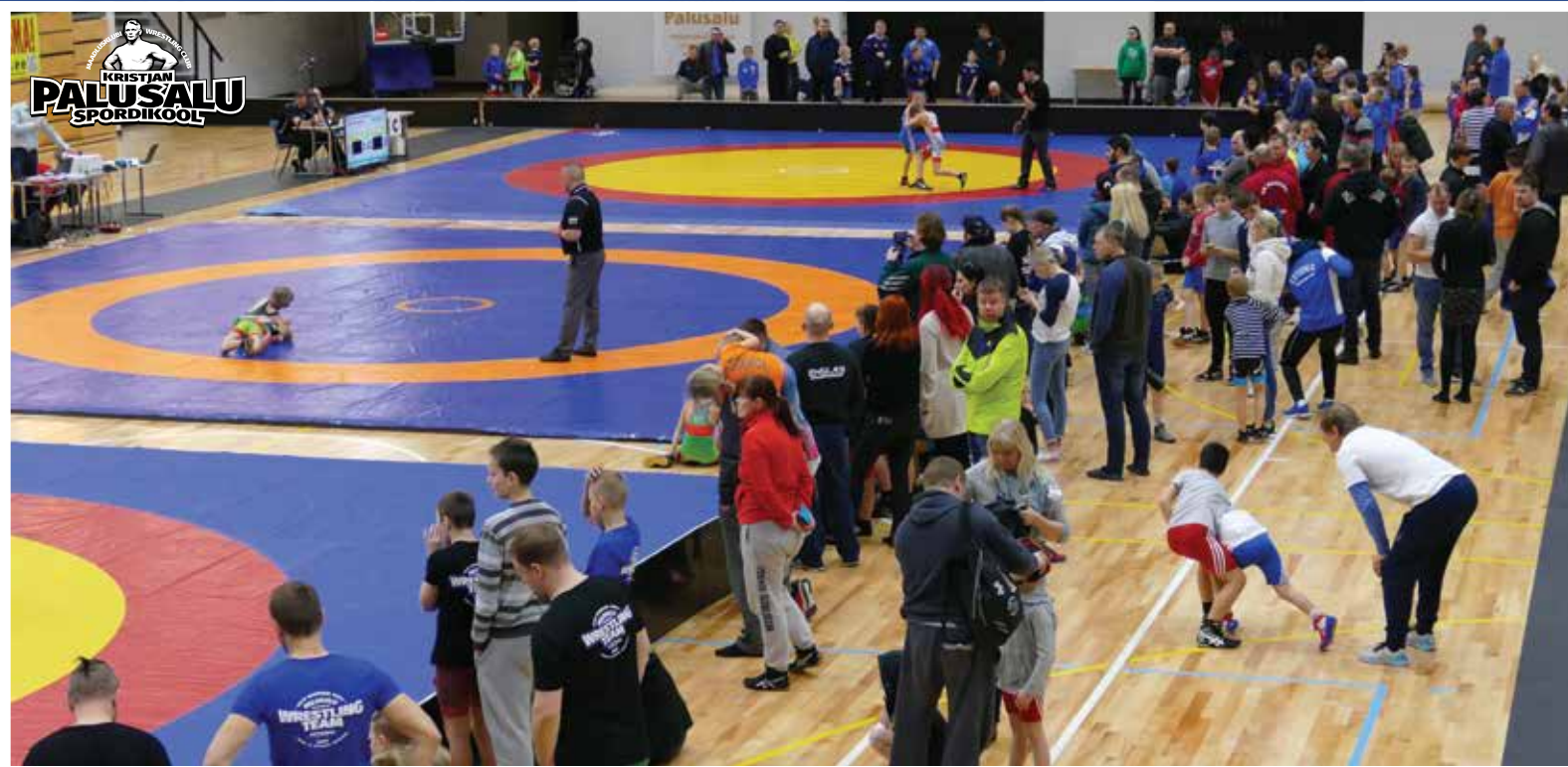


XXXII K.Palusalu mälestusvõistlused noortele

XXXII KRISTJAN PALUSALU MEMORIAL YOUTH WRESTLING TOURNAMENT



OVERVIEW OF XXXII KRISTJAN PALUSALU MEMORIAL YOUTH WRESTLING TOURNAMENT:

- Tallinn's biggest Greco-Roman wrestling competition just for children (under 12y)
- 7th March 2020 09:00: weighing and health check
- 7th March 2020: opening ceremony of the competition, surprise performers and lottery
- 7th March 2020: Greco-Roman wrestling and finals
- Registration for ca 300 athletes
- Competition takes place on 3 mats
- A/B group format ensures that every participant takes part in a min. of two matches
- Award ceremony
- Organising club: K. Palusalu Spordikool / Tallinn Kalev
- Competition is recorded and live broadcast by VLSV

Facts about previous Kristjan Palusalu memorial youth wrestling tournaments:

- Participants: up to 300 athletes
- Participants from Estonia, other Baltic states, Scandinavia and Russia
- Ca 30 to 40 different teams
- Tournament which has given start to Tallinn Open, the biggest wrestling tournament in Europe



INFORMATION:
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KRISTJAN PALUSALU



Kristjan Palusalu - among best-known Estonians Kristjan Palusalu (until 1935 Kristjan Trossmann; 10th March 1908 Varemuru, Saulepi county - 17th July 1987 Tallinn) was an Estonian wrestler and an Olympic winner in both the Greco-Roman and freestyle heavy weight events at the 1936 Olympic Games in Berlin heavyweight champion in Berlin, European champion of Greco-Roman heavyweight wrestling in 1937, 12-time Estonian champion. He is with Ivar Johansson one of the two wrestlers to win an Olympic gold medal in both disciplines of wrestling.

XXXII KRISTJAN PALUSALU MEMORIAL YOUTH WRESTLING TOURNAMENT

Organisers are proud to invite the youngest athletes of Your team to participate in the biggest wrestling tournament dedicated to young wrestlers in Tallinn. The Greco-Greco-Roman wrestling tournament is held on 3 mats and A/B group system will be used, ensuring that every athlete will participate in at least two matches. Winners receive diplomas, trophies and awards! Winning athlete's trainer will also receive a medal. In addition to wrestling, the participants will be welcomed by performances and surprise guests during the opening ceremony, during which a lottery is held. The lottery will provide an opportunity to win many different awards. Participants can also buy sports goods and nourish themselves at the café.

XXXII KRISTJAN PALUSALU MEMORIAL YOUTH WRESTLING TOURNAMENT

is for many a young athlete their first competition and thus a springboard to the world of big tournaments.

Competition protocol from 2019 can be found here:

liga-db.de/Turniere/FT/2019/EE/190309_Tallinn/indexENG.htm



CATEGORY	GIRLS & BOYS (Greco-Roman wrestling)		
	U9	U10	U11
Birth year	2012 & younger	2010-2011	2008-2009
+ kg	—	—	—
Weights kg	19	23	28
	22	26	32
	25	30	36
	27	34	41
	31	39	47
	35	46	55
	35 & more	46 & more	55 & more
Time	2 x 2min	2 x 2min	2 x 2min
Point difference	8-GR	8-GR	8-GR
Scoring	A/B group system		
Notes	Organisers reserve the right to make changes to the agenda of the competition.		

K.PALUSALU MEMORIAL YOUTH WRESTLING TOURNAMENT

is the annual children's (under 12y) wrestling competition organised by K. Palusalu Spordikool and Tallinn Spordiselts Kalev.



XXXII KRISTJAN PALUSALU MEMORIAL YOUTH WRESTLING TOURNAMENT

Date	Time	Event	Venue
7th March, 2020 SATURDAY	9:00 - 9:30	Medical check and weighing	TalTech Sports Building - TALLINN
	10:30 - 11:30	Opening ceremony and surprise performers	
	11:30 - 17:00	Greco-Roman wrestling matches and finals	
	17.00 - 18.00	Awards ceremony and closing	

PURPOSE

Honour the memory of Kristjan Palusalu and to celebrate 112th anniversary of his birth. Thereby commemorating the passing of 84 years since Kristjan Palusalu won his Olympic gold medals in Berlin. To offer Estonian and foreign wrestlers competition experience and a possibility to compare themselves against other wrestlers in order to develop as athletes.

VENUE OF THE COMPETITIONS:

Männiliiva Street 7, 13414 Tallinn Location GPS: 59°39.359 , E 24° 67.903).
TalTech Sports Building is located app. 7 km from centre of Tallinn.

REGISTRATION:

Registration is possible using the registration form on www.palusalu.ee or by sending an e-mail to info@palusalu.ee.

Registration will start from 1st January 2020 and conclude on 2nd March 2020 or sooner if the number of registered participants exceeds 300.

PARTICIPATION FEE:

10 euros per competitor. Participation fee registering after 1st March is 12 euros.

Payment to be done via bank transfer, by invoice issued after the competition:

Recipient's name: **MTÜ TALLINNA SPORDISELTS KALEV**

Pank: SEB Pank, Tornimäe 2, 15010 Tallinn

BIC/SWIFT: EEUH22XX

A/a nr: EE121010022002672006

Recipient's name: **MTÜ TALLINNA SPORDISELTS KALEV**

Pank: Swedbank, Liivalaia 8, 15040 Tallinn

BIC/SWIFT: HABA22XX

A/a nr: EE022200221047431851

Expenses related to the participation shall be borne by the sending organisation.

ACCOMMODATION:

Accommodation is provided by hotel Džingel (www.dzingel.ee) and by Academichostel (www.academichostel.com).

While contacting Academichostel or hotel Džingel please refer to this competition.

More information about accommodation can be found on the webpage of Tallinn Tourism:

<https://www.visittallinn.ee/est/turist/planeeri/majutus>

We also recommend Booking.com and AirBnB.

TRANSPORT:

The cheapest way to reach the venue of the competitions from the centre of Tallinn is by choosing to use public transportation.

Taxi fare from centre of Tallinn to the venue of the competitions is max 10 EUR.

It is also possible to ride sharing service like Bolt, Uber and Yandex in Tallinn.

CATERING:

Tall-Tech Sports Building has an open café Tomat.

Information about the menu can be found: <http://www.kohviktomat.ee>



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