







INTERNATIONAL HERMAN KARE TOURNAMENT

Saturday 11, January 2020 KOUVOLA, FINLAND

We have a pleasure to invite your team to participate in the UWW Calendar tournament XXXXI Herman Kare

Competition venue:	Mansikka-ahon Urheiluhalli, Huovinhongantie 1, 45200 Kouvola, Finland
Time:	Saturday, 11 January at 10.30 and 17.00
Weight categories:	Greco-Roman: 60, 67, 72, 77, 82, 87, 97 and 130 kg (+2 kg)
Weigh-in:	Hotel Scandic Kouvola, Saturday, 11 January at 08.00-08.30
Entries:	Suomen Painiliitto – Finnish Wrestling Federation E-mail: <u>FIN@unitedworldwrestling.org</u>
	The final entries should reach the Finnish Wrestling Federation by 31 December 2019.
Financial conditions:	The Organising Committee will provide board and lodging from 10 to 12 January. The invitation includes board and lodging for maximum as following:
	• 5 wrestlers, 1 coaches and 1 referee.
	• The delegations whose composition doesn't correspond to the invitation, as well as the delegations staying for a longer period than scheduled should pay 50 € / day / person.
	• The leaders of the delegations must fulfil their financial obligations towards the Organising Committee upon arrival.
	• We will organise free bus transportation from Helsinki harbour on Friday, 10 January about at 10.00 - 11.00 and from Helsinki airport about at 11.30 - 12.30 and back to Helsinki on Sunday, 12 January.
Accommodation:	The delegations will be accommodated in: Hotel Scandic Kouvola, Kouvolankatu 11, FIN-45100 Kouvola, tel. +358 5 7899 100
Connections:	Kouvola railway station 5 km Helsinki-Vantaa Airport 130 km Helsinki harbour 130 km
Information:	Timo Pahkala Email: <u>pahkalatimo77@gmail.com</u> Tel: + 358 40 354 2530

Welcome to Kouvola! Timo Pahkala President of the Organising Committee